

Walk To Remember

Sadly each year in Australia approximately 58,000 couples experience reproductive loss: about 55,000 experience early pregnancy loss, 1,750 babies are stillborn and about 900 babies die in infancy.

International Pregnancy & Infant Loss Awareness Day is in October each year. This day is acknowledged around the world by bereaved parents holding remembrance services in memory of their precious baby/babies that have died through miscarriage, ectopic pregnancy, termination for abnormalities, stillbirth, neonatal death or other reproductive losses.

The Walk To Remember will allow committed parents, families, friends and members of the community to unite and participate in a walk along the Strand, a memorial service and a butterfly release ceremony. The Walk is designed to raise public awareness of the support given by SANDS to those families in need.



*Some people come into our lives
Make footprints on our hearts
And we are never the same*

SANDS Townsville/Thuringowa Region express sincere thanks to....



The Walk To Remember is proudly supported by SANDS Townsville/Thuringowa Region.

SANDS provides immediate and ongoing support to bereaved parents, families and friends. Sharing with others who have had similar experiences can assist parents to work through the often intense grief which follows the death of a baby.

SANDS Townsville/Thuringowa Region is there... promoting awareness, knowledge, support and understanding following the death of a baby from the time of conception through to infancy.

SANDS TOWNSVILLE/THURINGOWA REGION
PH: 4775 5957 www.sandstownsville.org
email: marie@sandstownsville.org

We invite you
to join and support the families
and friends who have been
affected by the tragic
death of a baby.

We walk for the steps they
will never take.

Proceeds to SANDS
Townsville/Thuringowa Region
Stillbirth and Neonatal Death Support
(with miscarriage support)



Sunday 11 October 2009
Anzac Park

The Walk to Remember will allow committed parents, families, friends and members of the community to unite and participate in a walk along the Strand, a memorial service and a butterfly release ceremony. The Walk is designed to raise public awareness of the support given by SANDS to those families in need.

Registration...

Registration must be received by Thursday 1st October to enable the ordering of Butterflies, T-Shirts and printing of the Memorial Program at a cost of

- + Participation at Walk and Ceremony (free)
- + Memorial Program including Baby's Name (if you desire) (free)
- + \$10.00 per live butterfly for an individual release at the Butterfly Release Ceremony. Each butterfly is presented hibernating in an individual triangle release box ready to be set free (order as many as you require)
- + \$10.00 per T-Shirt to wear on the day (order as many as you require)
- + Sausage Sizzle Breakfast \$2
- + Light Refreshments supplied after the walk (free)

Additional donations will be greatly appreciated on the day for SANDS Townsville/Thuringowa Region

REGISTRATION FORM MUST BE RETURNED BY 1ST OCTOBER

TO ENSURE YOU RECEIVE YOUR BUTTERFLY, T-SHIRT AND BABY'S NAME(S) IN THE MEMORIAL PROGRAM.

Please post to:

Walk To Remember
PO Box 1879
Aitkenvale Qld 4814



On the day...

LOCATION

Check In and Ceremony will take place at Anzac Park and the walk will commence at Anzac Park and proceed along The Strand and return.

- 7-8am Check In/Registration/Sausage Sizzle Breakfast
- 8am Welcome and Memorial Ceremony followed by The Butterfly Release Ceremony
- 8.30am The Walk To Remember along the Strand and return followed by light refreshments

CHECK IN

All participants who have registered prior to the Walk are requested to Check In. You will receive your Memorial Program, T Shirt and Butterfly at the Check In Table. *If you wish to register on the day, limited T-Shirts will be available.

MEMORIAL & BUTTERFLY RELEASE CEREMONY

A short memorial service will be held. Those families who have registered for their Butterfly Release will receive their live butterfly in an individual release box. People can choose to join in and release their butterfly with the group or alone.

Butterflies flying free can represent the "setting free of the spirit". Family members and friends may "send their love on the wings of a butterfly" as they each release their own individual butterfly in this very symbolic gesture.

WALK TO REMEMBER

The Walk To Remember will then commence along the length of the Strand and return. Light refreshments will be served at the end of the walk. Families and friends are encouraged and welcomed to stay, relax and mingle, and seek support if needed from other families. Professional counsellors will also be available.

Additional donations will be greatly appreciated on the day.

All proceeds from the Walk To Remember will be donated to SANDS Townsville/Thuringowa Region.

For further enquires please email Marie Deuble (SANDS Townsville/Thuringowa Region) on 4775 5957 or marie@sandstowns ville.org or log on to www.sandstowns ville.org and register on line.

REGISTRATION FORM

Registering by 1st October ensures you receive your Baby's Name(s) in the Memorial Program, T-Shirts(s) and Butterfly(s): You can also register on line at www.sandstowns ville.org

My Name: _____

Address: _____

Ph: _____

Email: _____

The Memorial Program is a unique dedication to the babies who have left footprints on our hearts.

- + I would like my Baby's Name(s) included on the Memorial Program: Please print full name to be displayed in Program

1. _____

2. _____

3. _____

Please indicate how many free balloons you would like _____

Please complete the relevant T-Shirt size(s) and quantities you require and the number of butterflies you require below.

Each T-Shirt and each Butterfly costs

\$10.00 per item

T-Shirts:

- + Ladies Size 6 - 20 _____
- + Mens Size S- XXL _____
- + Kids Size 0 - 16 _____

Total of _____ T-Shirts @ \$10.00 per shirt = \$ _____

Total of _____ Butterflies @ \$10.00 each = \$ _____

TOTAL COST ENCLOSED:

\$ _____

**A limited number of T-Shirts will be available on the day for those who do not register before 1st October.

Please post Cheque or Money Order made Payable to SANDS Townsville/Thuringowa Region.

Walk To Remember

PO Box 1879, Aitkenvale Qld 4814